

Gluten Free Menu Summer 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 W/C 8/4/24 6/5/24 10/6/24 8/7/24 16/9/24 14/10/24	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Sausage and Baked Bean Pasta Corn on the Cob and Mixed Salad Oat Cookie Or Fruit Wedges Milk	Chicken Fillet and Seasoned Potatoes Or Filled Jacket Potato with Beans (V) Sweetcorn and Coleslaw Strawberry Shortcake or Fresh Fruit Salad Milk	Welsh Beef Bolognaise With Pasta Twists and Garlic Bread Or Welsh Rarebit (V) Peas and Mixed Salad Llaeth y Llan Fruit Yoghurt with Apple or Banana Or Fruit Wedges	Roast Pork with Apple Sauce, Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Cheese and Grapes Or Assorted Fruit Bowl	Bubblecrumb Salmon Fillet Or Spanish Omelette (V) Chips Baked Beans or Peas Mixed Salad Golden Krispie Bar Or Fresh Fruit Salad Fruit Juice
WEEK 2 W/C 15/4/24 13/5/24 17/6/24 15/7/24 23/9/24 21/10/24	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Creamy Tomato Pasta Bake (V) Corn on the Cob and Coleslaw Golden Crunch Cookie or Fruit Wedges Milk	Chicken Korma with Rice and Broccoli Or Filled Cheesy Potato Skins (V) with Sweetcorn and Mixed Salad Chocolate Orange Muffin or Fresh Fruit Salad Milk	Welsh Beef Burger Seasoned Potato Wedges with Baked Beans Or Welsh Cheddar & Leek Risotto (V) Mixed Salad Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Oven Baked Sausages or Roast Beef with Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Cheese and Grapes Or Assorted Fruit Bowl	Bubblecrumb Salmon Fillet Or Poached Egg (V) Chips Baked Beans or Peas Mixed Salad Lemon Cookie Or Fruit Wedges Fruit Juice
WEEK 3 W/C 22/4/24 20/5/24 24/6/24 2/9/24 30/9/24	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Quorn Tomato Pasta Bake (V) Corn on the Cob and Mixed Salad Caramel Cornflake Crunch or Fresh Fruit Salad Milk	Chicken Fillet Mexican Rice Sweetcorn and Coleslaw Or Jacket Potato with Cheese Lemon Drizzle Cake Or Fruit Bowl Milk	Welsh Beef Penne Pasta Bake, Peas and Garlic Bread Or Cheese Omelette with Seasoned Potatoes and Baked Beans Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Roast Turkey with Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Cheese and Grapes Or Assorted Fruit Bowl	Bubblecrumb Salmon Fillet With Chips Baked Beans or Peas Or Jacket Potato with Baked Beans (V) Mixed Salad Orange Shortbread Or Fruit Wedges Fruit Juice
WEEK 4 W/C 29/4/24 3/6/24 1/7/24 9/9/24 7/10/24	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Cheese and Baked Bean Pasta Bake (V) Corn on the Cob and Mixed Salad Chocolate Krispie Bar or Fresh Fruit Salad Milk	Chicken Fillet or Oven Baked Sausages and Creamed Potatoes Or Filled Jacket Potato With Cheese (V) Baked Beans and Coleslaw Orange Sponge Cake Or Fruit Wedges Milk	Welsh Beef Meatballs in Mediterranean Sauce Or Glamorgan Sausage (V) Pasta Twists Garlic Bread Peas Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Roast Gammon With Roast Potatoes and Gravy Or Macaroni Cheese Carrots and Broccoli Ice Cream and Raspberry Puree Or Cheese and Grapes Or Assorted Fruit Bowl	Bubblecrumb Salmon Fillet Or Cheese and Tomato Omelette with Chips Baked Beans or Peas Mixed Salad Date Slice Or Cut Fruit Platter Fruit Juice