

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
W/C	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Quorn Sausage and Baked Bean Pasta (V) Corn on the Cob and Mixed Salad Oat Cookie Or Fruit Wedges Milk	Crispy Chicken Goujons Tortilla Wrap and Seasoned Potatoes Or Filled Jacket Potato with Beans (V) Sweetcorn and Coleslaw Strawberry Shortcake or Fresh Fruit Salad Milk	Welsh Beef Bolognese With Pasta Twists and Garlic Bread Or Welsh Rarebit (V) Peas and Mixed Salad Llaeth y Llan Fruit Yoghurt with Apple or Banana Or Fruit Wedges	Roast Pork with Stuffing and Apple Sauce, Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Crackers, Cheese and Grapes Or Assorted Fruit Bowl	Breaded Salmon Fillet Or Spanish Omelette (V) Chips Baked Beans or Peas Mixed Salad Golden Krispie Bar Or Fresh Fruit Salad Fruit Juice
8/4/24 6/5/24 10/6/24 8/7/24 16/9/24 14/10/24					
<b>WEEK 2</b>					
W/C	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Creamy Tomato Pasta Bake (V) Corn on the Cob and Coleslaw Golden Crunch Cookie or Fruit Wedges Milk	Chicken Korma with Rice and Naan Bread and Broccoli Or Filled Cheesy Potato Skins (V) with Sweetcorn and Mixed Salad Chocolate Orange Muffin or Fresh Fruit Salad Milk	Welsh Beef Burger Seasoned Potato Wedges with Baked Beans Or Welsh Cheddar & Leek Risotto (V) Mixed Salad Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Oven Baked Sausages or Roast Beef with Yorkshire Puddings Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Crackers, Cheese and Grapes Or Assorted Fruit Bowl	Breaded Salmon Fillet Or Poached Egg (V) Chips Baked Beans or Peas Mixed Salad Lemon Cookie Or Fruit Wedges Fruit Juice
15/4/24 13/5/24 17/6/24 15/7/24 23/9/24 21/10/24					
<b>WEEK 3</b>					
W/C	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Quorn Tomato Pasta Bake (V) Corn on the Cob and Mixed Salad Caramel Cornflake Crunch or Fresh Fruit Salad Milk	Crispy Chicken Goujons with a Tortilla Wrap Or Cheesy Vegetable Quesadilla (V) Mexican Rice Sweetcorn and Coleslaw Lemon Drizzle Cake or Fruit Bowl Milk	Welsh Beef Penne Pasta Bake, Peas and Garlic Bread Or Welsh Cheddar and Potato Wrap (V) with Baked Beans Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Roast Turkey with Creamed Potatoes and Gravy Or Macaroni Cheese (V) Carrots and Broccoli Ice Cream and Raspberry Puree Or Crackers, Cheese and Grapes Or Assorted Fruit Bowl	Breaded Salmon Fillet With Chips Baked Beans or Peas Or Jacket Potato with Baked Beans (V) Mixed Salad Orange Shortbread Or Fruit Wedges Fruit Juice
22/4/24 20/5/24 24/6/24 2/9/24 30/9/24					
<b>WEEK 4</b>					
W/C	Home Baked Cheese and Tomato Pizza (V) With Pasta Twists Or Cheese and Baked Bean Pasta Bake (V) Corn on the Cob and Mixed Salad Chocolate Krispie Bar or Fresh Fruit Salad Milk	Chicken Fillet or Oven Baked Sausages and Creamed Potatoes Or Filled Jacket Potato With Cheese (V) Baked Beans and Coleslaw Orange Sponge Cake Or Fruit Wedges Milk	Welsh Beef Meatballs in Mediterranean Sauce Or Glamorgan Sausage (V) Pasta Twists Garlic Bread Peas Llaeth y Llan Fruit Yoghurt With Apple or Banana Or Fruit Wedges	Roast Gammon With Roast Potatoes and Gravy Or Macaroni Cheese Carrots and Broccoli Ice Cream and Raspberry Puree Or Crackers, Cheese and Grapes Or Assorted Fruit Bowl	Breaded Salmon Fillet Or Cheese and Tomato Omelette with Chips Baked Beans or Peas Mixed Salad Date Slice Or Cut Fruit Platter Fruit Juice
29/4/24 3/6/24 17/7/24 9/9/24 7/10/24					

<p><b>WYTHNOS 1</b></p> <p>W/D</p> <p>8/4/24</p> <p>6/5/24</p> <p>10/6/24</p> <p>8/7/24</p> <p>16/9/24</p> <p>14/10/24</p>	<p>Pizza Caws a Tomato Cartref (LI) a Phasta Troellog</p> <p>Pasta Selsig Quorn a Ffa Pob (LI)</p> <p>India-corn ar y Cobynd a Salad Cymysg</p> <p>Cwci Ceirch neu Dalpiâu Ffrwythau</p> <p>Llefrith</p>	<p>Gwjons Cwylâr Crensiog mewn wrap Tortillia</p> <p>Thatws Sbeislyd</p> <p>Taten Drwy'i Chroen gyda Ffa (LI)</p> <p>India-corn a Cholsio</p> <p>Teisen Ffiau Fefus neu Salad Ffrwythau Ffres</p> <p>Llefrith</p>	<p>Bolognese Cig Eidion Cymreig efo Pasta Troellog a Bara Garlleg</p> <p>Caws Pob ar Dost (LI)</p> <p>Pys a Salad Cymysg</p> <p>logwrt Ffrwythau Liaeth y Lian gydag Afal neu Fanana neu Dalpiâu Ffrwythau</p>	<p>Porc. Stwffin a Saws Afal, Tatws Hufennog a Grefi neu Macaroni a Chaws</p> <p>Moron a Brocoli</p> <p>Hufen la Purée Mafon neu Cracers, Caws a Grawnwin neu Ddewis o Ffrwythau</p>	<p>Ffiled Eog Mewn Briwsion Bara neu Omled Sbaenaidd (LI)</p> <p>Sglocion</p> <p>Ffa pob neu Bys Salad Cymysg</p> <p>Bar Crensiog Euraidd neu Salad Ffrwythau Ffres</p> <p>Sudd Ffrwythau</p>
<p><b>WYTHNOS 2</b></p> <p>W/D</p> <p>15/4/24</p> <p>13/5/24</p> <p>17/6/24</p> <p>15/7/24</p> <p>23/9/24</p> <p>21/10/24</p>	<p>Pizza Caws a Tomato Cartref (LI) a Phasta Troellog</p> <p>Pasta Tomato Hufennog wedi'i Bobi (LI) gydag</p> <p>India-Corn ar y Cobynd a Cholsio</p> <p>Cwci Crensiog Euraidd neu Dalpiâu Ffrwythau</p> <p>Llefrith</p>	<p>Selsig Korma Cwylâr gyda Reis a Bara Naan a Brocoli</p> <p>Cwryn Tatws wedi'u Llenwi â Chaws (LI)</p> <p>gydag India-corn a Salad Cymysg</p> <p>Myffin Siocled Oren neu Salad Ffrwythau Ffres</p> <p>Llefrith</p>	<p>Byrgwr Cig Eidion Cymreig Talpiâu Tatws Sbeislyd gyda Ffa Pob neu Risotto Cheddar Cymreig a Chennin (LI)</p> <p>Salad Cymysg</p> <p>logwrt Ffrwythau Liaeth y Lian gydag Afal neu Fanana neu Dalpiâu Ffrwythau</p>	<p>Selsig wedi'u Pobi neu Gig Eidion Rhost gyda Phwdin Efrog, Tatws Hufennog a Grefi</p> <p>Macaroni a Chaws (LI)</p> <p>Moron a Brocoli</p> <p>Hufen la a Purée Mafon neu Cracers, Caws a Grawnwin neu Ddewis o Ffrwythau</p>	<p>Ffiled Eog Mewn Briwsion Bara neu Wy wedi'i Botsio (LI)</p> <p>Sglocion</p> <p>Ffa Pob neu Bys Salad Cymysg</p> <p>Cwci Lemon neu Dalpiâu Ffrwythau</p> <p>Sudd Ffrwythau</p>
<p><b>WYTHNOS 3</b></p> <p>W/D</p> <p>22/4/24</p> <p>20/5/24</p> <p>24/6/24</p> <p>2/9/24</p> <p>30/9/24</p>	<p>Pizza Caws a Tomato Cartref (LI) a Phasta Troellog</p> <p>Pasta Quorn a Tomato Pob (LI)</p> <p>India-corn ar y Cobynd a Salad Cymysg</p> <p>Teisen Creision Yd Caramel neu Salad Ffrwythau Ffres</p> <p>Llefrith</p>	<p>Gwjons Cwylâr Crensiog mewn wrap Tortillia</p> <p>Quesadilla Caws a Llysiau (LI)</p> <p>Reis Meccicanaidd</p> <p>India-corn a Cholsio</p> <p>Teisen Lemon neu Ddewis o Ffrwythau</p> <p>Llefrith</p>	<p>Pasta Penne Cig Eidion Cymreig, Pys a Bara Garlleg</p> <p>Wrap Caws Cheddar Cymreig a Thatws (LI) a Ffa Pob</p> <p>logwrt Ffrwythau Liaeth y Lian gydag Afal neu Fanana neu Dalpiâu Ffrwythau</p>	<p>Twrci Rhost a Thatws Hufennog a Grefi</p> <p>Macaroni a Chaws (LI)</p> <p>Moron a Brocoli</p> <p>Hufen la a Purée Mafon neu Cracers, Caws a Grawnwin neu Ddewis o Ffrwythau</p>	<p>Ffiled Eog Mewn Briwsion Bara gyda Sglocion</p> <p>Ffa Pob neu Bys neu Taten Drwy'i Chroen gyda Ffa Pob (LI) Salad Cymysg</p> <p>Teisen Frau Oren neu Dalpiâu Ffrwythau</p> <p>Sudd Ffrwythau</p>
<p><b>WYTHNOS 4</b></p> <p>W/D</p> <p>29/4/24</p> <p>3/6/24</p> <p>1/7/24</p> <p>9/9/24</p> <p>7/10/24</p>	<p>Pizza Caws a Tomato Cartref (LI) a Phasta Troellog</p> <p>Pasta Caws a Ffa Pob (LI)</p> <p>India-Corn ar y Cobynd a Salad Cymysg</p> <p>Bar Siocled Crensiog neu Salad Ffrwythau Ffres</p> <p>Llefrith</p>	<p>Ffiled Cwylâr neu Selsig Pob a Thatws Hufennog</p> <p>Taten drwy'i Chroen â Chaws (LI)</p> <p>Ffa Pob a Cholsio</p> <p>Teisen Oren neu Dalpiâu Ffrwythau</p> <p>Llefrith</p>	<p>Peli Cig Eidion Cymreig mewn Saws Môr y Canoldir neu Selsig Morgannwg (LI)</p> <p>Pastai Troellog</p> <p>Bara Garlleg Pys</p> <p>Salad Cymysg</p> <p>logwrt Ffrwythau Liaeth y Lian gydag Afal neu Fanana neu Dalpiâu Ffrwythau</p>	<p>Gamon Rhost gyda Thatws Rhost a Grefi neu Macaroni a Chaws</p> <p>Moron a Brocoli</p> <p>Hufen la a Purée Mafon neu Cracers, Caws a Grawnwin neu Ddewis o Ffrwythau</p>	<p>Ffiled Eog Mewn Briwsion Bara neu Omled Caws a Tomato gyda Sglocion</p> <p>Ffa Pob neu Bys Salad Cymysg</p> <p>Sleisen Dêts neu Plât o Ffrwythau Wedi'u Torri</p> <p>Sudd Ffrwythau</p>