










TAPE WEEKLY SESSIONS

WWW.TAPEMUSICANDFILM.CO.UK












<p>MONDAY</p>	 <p>Sounds Like Fun An after school music and sound projects for autistic young people.</p>	<p>Start Finish 4:00 - 5:30</p>	<p>Age 11 - 17</p>
<p>TUESDAY</p>	 <p>Sound Waves A free music and audio project for young people.</p>	<p>Start Finish 4:00 - 5:30</p>	<p>Age 8 - 18</p>
<p>WEDNESDAY</p>	 <p>TAPE Sound Discover the world of sound, foley, recording, composing and more</p>	<p>Start Finish 11:00 - 12:30</p>	<p>Age 18 +</p>
	 <p>TAPE Art Creating art work, looking at techniques, mediums and styles.</p>	<p>Start Finish 1:00 - 3:00</p>	<p>Age 18 +</p>
	 <p>Ghostbuskers A community music group for people of all ages and abilities.</p>	<p>Start Finish 6:00 - 7:00</p>	<p>For All Ages</p>
<p>THURSDAY</p>	 <p>Writers Room A place for writers to express and explore ideas as a group.</p>	<p>Start Finish 6:00 - 7:00</p>	<p>Age 18 +</p>
	 <p>Media Club Podcasting, sound recording, film reviews and cinema.</p>	<p>Start Finish 1:00 - 3:00</p>	<p>Age 18 +</p>
	 <p>Wellbeing Podcast Creating a radio show and podcast focused on wellbeing.</p>	<p>Start Finish 4:00 - 5:30</p>	<p>Age 15 - 24</p>
	 <p>Backstage A youthclub for young people with speech, language or communication needs.</p>	<p>Start Finish 6:00 - 8:00</p>	<p>Age 11 - 18</p>
<p>FRIDAY</p>	 <p>Free Cinema Free and accessible cinema screenings in our Sofa Cinema.</p>	<p>Keep up to date on times for screenings on our social pages.</p>	<p>For All Ages</p>



To find out more scan the QR code with your phone. visit tapemusicandfilm.co.uk or call 01492 512 109

TAPE SESIYNAU WYTHNOSOL

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DYDD LLUN	 Hwyl Gyda Cerddoriath Prosiect cerddoriaeth a sain ar ôl ysgol ar gyfer pobl ifanc awtistig.	Drechrau 4:00 - Gorffen 5:30	11 - 17 Oed
DYDD MAWRTH	 Tonnau Sain Prosiect cerddoriaeth a sain am ddim i bobl ifanc.	Drechrau 4:00 - Gorffen 5:30	8 - 18 Oed
	 Clwb Animeiddio Prosiect yn edrych ar dechnegau animeiddio, cit a llawer mwy.	Drechrau 4:00 - Gorffen 5:30	8 - 18 Oed
DYDD MERCHER	 Sain TAPE Darganfyddwch fyd sain, foley, recordio, cyfansoddi a mwy	Drechrau 11:00 - Gorffen 12:30	18 + Oed
	 Celf TAPE Creu gwaith celf, edrych ar dechnegau, cyfryngau ac arddulliau.	Drechrau 1:00 - Gorffen 3:00	18 + Oed
	 Ghostbuskers Grŵp cerddoriaeth gymunedol i bobl o bob oed a gallu.	Drechrau 6:00 - Gorffen 7:00	Pob Oed
DYDD IAU	 Ystafell Ysgrifenwyr Lle i awduron fynegi ac archwilio syniadau fel grŵp.	Drechrau 6:00 - Gorffen 7:00	18 + Oed
	 Clwb Cyfryngau Podledu, recordio sain, adolygiadau ffilm a sinema.	Drechrau 1:00 - Gorffen 3:00	18 + Oed
	 Podlediad Lles Creu sioe radio a phodlediad yn canolbwyntio ar les.	Drechrau 4:00 - Gorffen 5:30	15 - 24 Oed
	 Backstage Clwb ieuencid ar gyfer pobl ifanc ag anghenion lleferydd, iaith neu gyfathrebu.	Drechrau 6:00 - Gorffen 8:00	11 - 18 Oed
DYDD GWENER	 Sinema Am Ddim Dangosiadau sinema hygyrch am ddim yn ein Sinema Soffa.	Bydd amseroedd ar gyfer dangosiadau ar ein tudalennau cymdeithasol.	Pob Oed



I ddarganfod mwy sganiwch y cod QR gyda'ch ffôn.
Ewch i tapemusicandfilm.co.uk neu ffoniwch 01492 512 109

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Cerdd a Ffilm Cymunedol
Community Music & Film